

ROCKY MOUNTAIN FIELD SEMINARS

LEARN ♦ EXPLORE ♦ ADVENTURE

WINTER SNOWSHOE HIKE FOR ANGLERS

MARCH 8

COURSE LEVEL: III COURSE #: 08-003

FEE: \$85

INSTRUCTOR: DR. TOM ADAMS



PAGE 1 OF 3

LOCATION: **Rocky Mountain Field Seminar & Conference Center**
 1895 Fall River Road, Estes Park, Colorado

TIME: **9:00 AM – 3:00 PM**

COURSE DESCRIPTION:

This course is an outdoor, winter adventure that will explore favorite fishing locations in Rocky Mountain National Park. Participants will learn how winter ecology affects the hatch and will examine aquatic ecosystems. The course will also include discussion on preparing for outdoor recreation in winter. Participants must bring snowshoes. Advanced skiers may elect to bring skis in lieu of, or in addition to, snowshoes.

Note: This course will not include fishing. Fishing license is not required.

COURSE LEVEL: III

Moderate hikes of less than five miles per day with elevation gain of less than 1,000 feet. Elevation for this course will be approximately 10,000 feet. Significant time will be spent outdoors in winter conditions. Dress in layers and be prepared for winter weather conditions that may vary greatly and change abruptly.

BRIEF INSTRUCTOR BIOGRAPHY (additional information available at www.rmna.org):

Tom Adams is a former youth instructor and university professor now working as an independent educational consultant specializing in early literacy acquisition. He has been hiking, snowshoeing, cross-country skiing, fly-fishing, backpacking, and prowling RMNP for more than 40 years. Tom writes a fly-fishing column for the *Greeley Tribune*, guides for an Estes Park fly-fishing shop, and recently published a fly-fishing map of the Big Thompson Canyon.

EXPECTATIONS:

Professional conduct will be expected from participants at all times. Respect for individual ideas will be observed. Except during course breaks, cellular phones, pagers, and personal entertainment devices are strictly prohibited in the classroom and during field sessions.

CAR POOLING:

Rocky Mountain Field Seminars courses utilize car pooling to limit vehicles traveling into the Park. Car pooling makes it easier to keep the group together, reduces transit time, and allows courses greater access because fewer parking spaces are required at destinations. In addition, it provides an opportunity for participants to discuss course material in small groups during transit. Typically, a few participants from each course volunteer the use of their vehicles for car pooling to course locations.

TENTATIVE COURSE SCHEDULE:

- Overview of schedule
Discussion of contrast between summer and winter outings

- Preparation for winter outings
 - Drainages to explore
 - Hiking, snowshoeing, skiing gear
 - Following the trail vs blazing a trail
 - Summer trails vs winter routes
 - Shortcuts and loops
 - Trailside etiquette

- Field Trip to Bear Lake, Nymph Lake, Dream Lake, Emerald Lake and Tyndall Creek
 - Bear Lake parking lot
 - Two routes to Nymph Lake
 - Two routes to Dream Lake
 - Tyndall Creek
 - Emerald Lake

- Discussion of pampering yourself in the backcountry

WHAT TO BRING:

- Sack lunch, snacks, **WATER**
- Sunglasses
- Snowshoes (If you need suggestions on Estes Park locations that rent snowshoes, please call 970.586.3262.)
- **DRESS WARMLY AND IN LAYERS. WEAR APPROPRIATE FOOTWEAR.**
- Binoculars (optional)

REMEMBER TO BRING THE 10 ESSENTIALS:

Rocky Mountain National Park recommends that hikers always carry the 10 essentials in their daypacks.

- | | | |
|-------------------------------|-----------------|---------------------------------|
| ▪ Raingear | ▪ Map & compass | ▪ Flashlight or headlamp |
| ▪ Sunglasses & sunscreen | ▪ Candles | ▪ Matches or other fire starter |
| ▪ Pocketknife | ▪ First-aid kit | ▪ Extra food & water |
| ▪ Sack lunch, snacks, & water | | |
| ▪ Extra layers of clothing | | |

Note: Rocky Mountain Field Seminars recommends that participants for all courses dress in layers and wear comfortable/sturdy hiking boots/shoes. Participants should be prepared for sudden changes in temperature and weather conditions.

TEACHER RECERTIFICATION CREDIT

All courses are eligible for teacher recertification credit through the Centennial Board of Cooperative Education Services (BOCES). The new fee is \$25.00 per seminar (.5 units) or \$25.00 for per series of threaded seminars (1.0 - 3.0 units). A list of threaded seminars can be found in the Field Seminar Catalog or online at www.rmna.org. Participants must enroll in all seminars of a threaded series in order to qualify for the \$25.00 multi-unit fee. Please be prepared to pay for this credit with a check, made payable to BOCES, on the first day of a seminar or on the final day of a threaded series of seminars.

THIS SEMINAR IS NOT ELIGIBLE FOR CSU CREDIT.

WINTER SNOWSHOE HIKE FOR ANGLERS

READING RECOMMENDATIONS:

The Curtis Creek Manifesto by Sheridan Anderson, 1978, Amato Publications,
ISBN 9-780936-608068

Trout Stream Insects by Dick Probst, 1990, Lyons and Burford,
ISBN 1-55821-067-9

An Illustrated Guide to the Mountain Stream Insects of Colorado by J.V. Ward, B.C. Kondratieff, and R.E. Zuellig, 2002,
University Press of Colorado,
ISBN 0-87081-653-5

Fly Fishing Small Streams by John Gierach, 1989, Stackpole Books,
ISBN 0-8117-2290-2

Fly Fishing the Highcountry, by John Gierach, 1984, Pruett,
ISBN 0-87108-662-X

Good Flies by John Gierach, 2000, Lyons Press,
ISBN 1-58574-139-6

Snowshoe Routes: Colorado's Front Range, Alan Apt, Mountaineers Books, 2005, ISBN 0-89886-832-7

Snowshoeing Colorado, Claire Walter, Fulcrum Publishing, 2004,
ISBN 1-55591-529-1

Snowshoeing: A Trailside Guide, Larry Olmsted, W. W. Norton, 1997
ISBN 0-393-31720-X

Skiing Colorado's Backcountry: Northern Mountains - Trails & Tours, Brian Litz and Kurt Lankford, Fulcrum Publishing,
1989
ISBN 1-55591-044-0

Allen & Mike's Really Cool Backcountry Ski Book: Traveling & Camping Skills for a Winter Environment, Allen O'Bannon
and Mike Clelland, Chockstone Press, 1996
ISBN 1-57540-076-6

Hiking Rocky Mountain National Park, Kent and Donna Dannen, The Globe Pequot Press, 2002
ISBN 0-7627-2245-2