

ROCKY MOUNTAIN FIELD SEMINARS

LEARN ♦ EXPLORE ♦ ADVENTURE

THE AMAZING MANIPULATORS: A WILDFLOWER HIKE TO LAKE ISABELLE

JULY 21, 2008

COURSE LEVEL: II COURSE #: 08-034

FEE: \$85

INSTRUCTOR: JARED GRICOSKIE



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LOCATION: Lake Isabelle Trailhead

The Long Lake Trailhead is on the east side of the continental divide in the Indian Peaks Wilderness. To reach to trailhead parking area, drive on Colorado Highway 72 to the vicinity of the town of Ward. Just north of Ward on Highway 72, there is a large sign marking a road leading west to Brainard Lake. Follow Brainard Lake Road for about 6 miles to Brainard Lake. The Long Lake Trailhead parking area is accessed from a left-hand turn just past the lake. Brainard Lake Road remains closed at about the halfway point between Highway 72 and Brainard Lake until after most of the spring snowfall has melted, which is in late June or early July in most years. There is an entrance fee collected for driving into the Brainard Lake area.. If you do not have a Park pass, please contact the FS Center for a waiver.

TIME: 8:00 AM– 3:30 PM

COURSE DESCRIPTION:

Along the trail to Lake Isabelle, a carpet of wildflowers quietly reveals its stories as the flowers sway in the summer breeze. More than 1000 species of flowers adorn the mountains and meadows near Rocky Mountain National Park. On a slow walk, learn the basics of flower identification and the stories these beautiful treasures can reveal.

COURSE LEVEL: II

The seminar will include moderate hikes of less than five miles per day with elevation gain of less than 1,000 feet.

BRIEF INSTRUCTOR BIOGRAPHY (additional information available at www.rmna.org):

Jared Gricoskie owns and operates Yellow Wood Guiding. He has been a professional naturalist since graduating from Pennsylvania State University with a degree in Environmental Interpretation in 2002.

INSTRUCTOR'S WEBSITE: <http://www.ywguiding.com/>

EXPECTATIONS: Professional conduct will be expected from participants at all times. Individual ideas will be respected. Except during course breaks, cellular phones, pagers, and personal entertainment devices are strictly prohibited in the classroom and during field sessions.

CAR-POOLING: Rocky Mountain Field seminars utilize car-pooling to limit vehicles traveling into the Park. Car-pooling makes it easier to keep the group together, reduces transit time, and allows courses greater access because fewer parking spaces are required at destinations. In addition, it provides an opportunity for participants to discuss course material in small groups during transit. Typically, a few participants from each course volunteer the use of their vehicles for car-pooling to course locations.

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WHAT TO BRING:

- Sack lunch, snacks, energy bars, & **WATER**
- Binoculars
- Hand lens
- Notebook
- Pen/pencil
- Camera (optional) Monday

REMEMBER TO BRING THE 10 ESSENTIALS:

Rocky Mountain National Park recommends that hikers always carry the 10 essentials in their daypacks.

- Raingear
- Map & compass
- Flashlight or headlamp
- Sunglasses & sunscreen
- Candles
- Matches or other fire starter
- Pocketknife
- First-aid kit
- Extra layers of clothing
- Sack lunch, snacks, & water

Note: Rocky Mountain Field Seminars recommends that participants for all courses dress in layers and wear comfortable, sturdy hiking boots/shoes. Participants should be prepared for sudden changes in temperature and weather conditions.

TEACHER RECERTIFICATION CREDIT

Most seminars are eligible for teacher recertification credit through the Centennial Board of Cooperative Education Services (BOCES). The new fee is \$25.00 per seminar (.5 units) or \$25.00 per series of threaded seminars (1.0 - 3.0 units). A list of threaded seminars can be found in the Field Seminar catalog or online at www.rmna.org. Participants must enroll in all seminars of a threaded series in order to qualify for the \$25.00 multi-unit fee. Please be prepared to pay for this credit with a check, made payable to BOCES, on the first day of a seminar or on the final day of a threaded series of seminars. **This seminar is one of three in Thread F.**

THIS COURSE IS NOT ELIGIBLE FOR CSU CREDIT.